



When you retire

You may be able to get support when you're in — or about to go into — retirement.

Support you may be able to get

This could be support to remain independent in your home and community. It could also be a retirement-related payment, such as Veteran's Pension, NZ Superannuation, or a Retirement Lump Sum.

Veteran's Pension (<https://www.veteransaffairs.mil.nz/a-z/veterans-pension/>)

Veterans' Independence Programme (<https://www.veteransaffairs.mil.nz/a-z/veterans-independence-programme/>)

Retirement Lump Sum (<https://www.veteransaffairs.mil.nz/a-z/retirement-lump-sum/>)

Have a plan

It's important to have a plan for your retirement. This will allow you to map out what you'll do with your time, finances and relationships.

Planning for retirement (<https://www.govt.nz/browse/work/retirement/planning-for-retirement>) [🔗](#)

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