

When you retire

You may be able to get support when you're in—or about to go into—retirement.



Support you may be able to get

This could be support to remain independent in your home and community. It could also be a retirement-related payment, such as Veteran's Pension, NZ Superannuation, or a Retirement Lump Sum.

Veteran's Pension (<https://www.veteransaffairs.mil.nz/a-z/veterans-pension/>)

Veterans' Independence Programme (<https://www.veteransaffairs.mil.nz/a-z/veterans-independence-programme/>)

Retirement Lump Sum (<https://www.veteransaffairs.mil.nz/a-z/retirement-lump-sum/>)

Have a plan

It's important to have a plan for your retirement. This will allow you to map out what you'll do with your time, finances and relationships.

Planning for retirement (<https://www.govt.nz/browse/work/retirement/planning-for-retirement>) [🔗](#)

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